

## Support Form for Applicants to Mind in Mid Herts Services

Please complete this form and return it to our St Albans address, at the bottom of the form. The information will be kept confidential. It will be held on our electronic database and may be shared with our funders. We will, at times, take and keep notes on your engagement with Mind in Mid Herts. *[Completed forms can be sent to us via email (see the address at the end of the form) but a valid signature is required on the form, in all cases.]*

<b>First Name</b>		<b>Surname</b>		<b>Title</b>	
<b>Address</b>			<b>Date of Birth</b>		
			<b>Contact No</b>		
			<b>Can we leave voice/text messages?</b> Yes <input type="checkbox"/> No <input type="checkbox"/>		
			<b>Next of Kin name</b>		
<b>Post Code</b>			<b>NOK relationship</b>		
<b>email address</b>			<b>NOK contact No</b>		
<b>Gender</b>	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Transgender <input type="checkbox"/>	I'd rather not say <input type="checkbox"/>	

If you are under the care of the Community Mental Health service, please indicate which team:

- Wellbeing Team       Support & Treatment Team   
 Targeted Treatment Team       Specialist MH Team for Older People

And who do you see?

Are you currently in receipt of a Personal Budget? Yes  No

<b>GP's name</b>		<b>Surgery name</b>	
<b>GP's address</b>			

We provide the following services. Please tick the services you are interested in. *[Please note that not all services are available in all our centres. Also, a charge is made for most services.]*

**Psychological services:**

- Counselling
- Computerised CBT
- Life Skills courses (eg anxiety management)

**Exercise / wellbeing activities**

**Specialist Support Groups** (eg OCD and carers support groups)

**Vocational / employment support**

**Financial advice and support** (eg benefits)

**Groups:**

- Art, craft, music, etc
- Allotment groups
- Computer Club
- Peer support (including Friendship groups)

**Courses:**

- Confidence building, etc
- IT / computer courses

We provide services in the following locations. Please tick the locations you are interested in. *[Please tick all the locations you can travel to, as not all services are available in all centres.]*

St Albans     Stevenage     Hertford     WGC     Letchworth

Would you like to receive information about other Mind in Mid Herts services?

No  Yes  By phone  By post  By email  or you can **visit our website**

<b>In what way do you feel Mind in Mid Herts can support you?</b>																					
<b>Please give a brief outline of your mental health history and the way it affects your life.</b>																					
<b>What are the signs and symptoms when you become unwell?</b>																					
<b>Is there anything we should know about your past experiences which might help us to offer appropriate support?</b>																					
<b>Who referred you to us / where did you hear about us?</b>																					
<b>What is your current employment status?</b> In paid work <input type="checkbox"/> In voluntary work <input type="checkbox"/> In education <input type="checkbox"/> Not employed <input type="checkbox"/>																					
<b>Do you consider yourself to have a disability?</b> Yes <input type="checkbox"/> No <input type="checkbox"/> <b>Do you provide care for someone else?</b> Yes <input type="checkbox"/> No <input type="checkbox"/>																					
<b>What is your ethnic origin?</b>																					
<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 25%;">White - British</td> <td style="width: 25%;">Black - African</td> <td style="width: 25%;">Asian - Bangladeshi</td> <td style="width: 25%;">White &amp; Asian</td> </tr> <tr> <td>White - Irish</td> <td>Black - Caribbean</td> <td>Asian - Indian</td> <td>White &amp; Black African</td> </tr> <tr> <td>White - Polish</td> <td>Black - Other</td> <td>Asian - Pakistani</td> <td>White &amp; Black Caribbean</td> </tr> <tr> <td>White - Italian</td> <td>Chinese</td> <td>Asian - Other</td> <td>Other mixed background</td> </tr> <tr> <td>White - Other</td> <td>Traveller/Gypsy</td> <td>Other ethnic group</td> <td>I'd rather not say</td> </tr> </table>	White - British	Black - African	Asian - Bangladeshi	White & Asian	White - Irish	Black - Caribbean	Asian - Indian	White & Black African	White - Polish	Black - Other	Asian - Pakistani	White & Black Caribbean	White - Italian	Chinese	Asian - Other	Other mixed background	White - Other	Traveller/Gypsy	Other ethnic group	I'd rather not say	
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<b>What is your religion / belief?</b>																					
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No religion or religious belief						I'd rather not say															
<p>* Christian includes Church of England, Church of Wales, Catholic, Protestant and all other Christian denominations.</p> <b>What is your sexual orientation?</b> Heterosexual <input type="checkbox"/> Gay / Lesbian <input type="checkbox"/> Bisexual <input type="checkbox"/> I'd rather not say <input type="checkbox"/>																					

***Mind in Mid Herts asks all service users to treat one another, volunteers and staff with respect. We have a policy of zero tolerance towards any kind of anti-social behaviour, substance misuse, smoking and alcohol consumption within our groups. We retain the right to ask a service user to leave a session if we feel it necessary.***

**Service User declaration:**

The details I have given are accurate. <b><i>I give my permission for Mind in Mid Herts to obtain risk assessments, CPA and/or referral from CMHT or GP, if necessary. I understand that my details will be held on Mind in Mid Herts' electronic database.</i></b>	<b>Signature</b>	
	<b>Date</b>	

**Address:** Mind in Mid Herts, 11 Hatfield Road, St. Albans, Herts, AL1 3RR  
**Tel:** 01727 865070 / 894913  
**email:** [admin@mindinmidherts.org.uk](mailto:admin@mindinmidherts.org.uk)    **website:** [www.mindinmidherts.org.uk](http://www.mindinmidherts.org.uk)